



March 2025

Visit our
website

Artist- Faith Cole age 10

Dear Friends and Partners,
Housing is more than just a place to live—it's the foundation for stable families, thriving communities, and economic opportunity. Yet, across the country, the rising cost of rent and homeownership is pushing too many individuals and families into financial hardship, housing insecurity, or even homelessness. Access to safe, affordable housing is essential for workers, seniors, and young families striving to build a better future. It strengthens our economy, fosters social equity, and ensures that no one has to choose between paying rent and putting food on the table.

That's why we need your support. Whether through advocacy, policy changes, or community efforts, together we can expand affordable housing opportunities and create lasting solutions. One free way to help AHEAD is simply by subscribing and sharing this newsletter or social media posts. Links to subscribe can be found below. Join us in making a difference!

HURRY! TODAY is the last day to

"Write-In" your vote for AHEAD!

Voting ends today, February 28th. This free, simple way is a great way to help affordable housing programs at AHEAD. It only takes a moment, and you can vote online at bangor.com/cmm



Today is the last day to
vote for AHEAD!

[Vote now at bangor.com/cmm](http://bangor.com/cmm)



News

Save the Date for AHEAD's Annual Meeting

Thursday, May 22nd 3:00pm
Join us for a fun evening of
networking and celebration.
Registration will open April 1st.
Looking to be a sponsor? [Click here](#)
for more sponsorship information.

[Click to become a sponsor](#)




Come Join Us For Our

Annual Meeting

Join us for AHEAD's Annual Meeting and Community Partner Celebration. Don't miss this opportunity to networks with your peers, learn about valuable community programs and celebrate AHEAD's past year of successes.

THURSDAY
22 MAY, 2025

START AT
3:00PM - 7:00PM

SOCIETY FOR PROTECTION OF NH FORESTS @ ROCKS
113 GLESSNER LANE,
BETHLEHEM, NH 03574

SAVE THE DATE

603-444-1377 | www.homesahead.org | info@homesahead.org

Financial Tip of the Month



Binge and purge! Most TV streaming subscriptions are billed monthly with no penalty for cancelling. Try turning off a service for a few months, waiting for it to have several shows or movies you want to watch, enjoying them across several weeks, then turning the service off again. Set a goal to have no more than two paid streaming channels at any given time.

Home Maintenance Reminder



Let's face it, cleaning is harder and more stressful with extra clutter. March is a great time to tackle the de-cluttering of your home before you start your spring deep-clean. **Want more tips on spring decluttering, click here to read about the 18 things you should de-clutter this spring.**

Now Hiring



**WE'RE HIRING
MAINTENANCE
TECHNICIAN**

Contact Lance Tucker
ltucker@homsahead.org 

AHEAD
AFFORDABLE HOUSING
EDUCATION & DEVELOPMENT

[Click here to apply](#)

Community Partner of the Month



Community Partner of the Month- The Family Resource Center

The Family Resource Center (FRC) is dedicated to empowering families and strengthening communities across Coös and Upper Grafton County. We provide critical support services that help families navigate challenges, build stability, and achieve self-sufficiency.

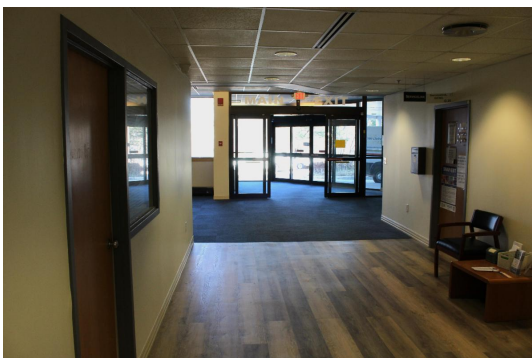
Our programs serve families at every stage of life, offering parenting education, early childhood support, family stabilization services, workforce development, and recovery support. We work closely with schools, healthcare providers, and community agencies to connect families with the resources they need, from basic necessities to long-term planning and goal setting. For those impacted by substance use, we provide family-centered recovery support, ensuring that individuals and their loved ones have the guidance and resources to heal and thrive.

FRC is committed to a trauma-informed approach, ensuring that every family we serve is met with dignity, respect, and understanding. Whether it's helping parents develop strong relationships with their children, supporting families through financial hardships, providing workforce training, or offering recovery support, our team is here to help.

As we continue to expand our impact, we welcome partnerships and community collaboration to ensure families in our region have the tools they need to thrive. To learn more

Take a closer look at....

Mt. Eustis Commons



In December 2000, the Littleton Hospital Association closed the doors of the original Littleton Regional Hospital facility located at 262 Cottage Street and moved to a new location on Route 18. After having tried without success for many months to sell the Cottage Street property, the Association decided to accept an offer from a commercial development concern, Brady Sullivan Properties. Brady Sullivan held the property for one and a half years, examined a variety of possible re-use options and ultimately decided to give up on the project. In 2002, the AHEAD Board voted to accept the property as a donation from Brady Sullivan and soon after renamed it Mt. Eustis Commons.

Today the property is home to over a dozen non-profits and businesses including the Veterans Administration Clinic, North Country Charter Academy, Littleton Area Chamber

of Commerce, Service Link, Granite United Way, North Country Health Consortium, WIC, North Country Community Radio, Profile Technologies, along with AHEAD offices. Mt. Eustis Commons serves as a cornerstone for local businesses and organizations. Mt. Eustis currently has multiple office spaces, in varying sizes available for rent. With ample on-site parking, handicap accessible elevators and conveniently located off 1-93, Mt. Eustis Commons is the perfect spot for your business or non-profit. Click below for more information or email omardin@homesahead.org.

Mt. Eustis Commons Office Space

Open House



What is income based rent?



How do income-based apartments calculate rent?

Income-based apartments play an important role in addressing the housing needs of individuals and families with diverse financial backgrounds. AHEAD strives to achieve a balance between affordability and covering the costs associated with property maintenance. For example, let's say there is a family of three with a monthly income of \$4,000, and the rent burden is set at 30%. In this example the basic formula used to determine the monthly rent would be $\text{Monthly Rent} = \text{Percentage of Income} \times \text{Monthly Income}$. In this example, the calculated rent for the household would be \$1,200 per month. However, the final calculation can be impacted by other factors, like medical expenses and other types of income.

More information about rent calculations and federal rental programs can be found [here](#).

Current Vacancies



NORTHERN LIGHTS
BERLIN, NH
SUBSIDIZED PROPERTIES 30% OF INCOME,
HEAT AND HOT WATER INCLUDED
CURRENTLY 1 BEDROOM & STUDIO
AVAILABLE AT NORTHERN LIGHTS, BERLIN

- Must be 62 or older or disabled (no age requirement).
- Income limits do apply
- On-site laundry
- Off-site parking
- Elevator
- Community Room
- Large sitting porch

APPLY NOW
603-444-1377
www.homesahead.org

Call or visit our website for more information.



NOTRE DAME
BERLIN, NH
SUBSIDIZED PROPERTIES 30% OF INCOME,
HEAT AND HOT WATER INCLUDED
1 BEDROOM APARTMENTS AT
NOTRE DAME BERLIN

- Must be 62 or older
- Income limits do apply
- On-site laundry
- Limited on-site parking
- Elevator
- Community Room
- Large sitting porch

APPLY NOW
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Available Workshops

Secrets of Homebuying
via Zoom 2-day



Secrets of Homebuying
Virtual via [Zoom](#)

Sat. March 8th 8:00am-12:00pm
&
Sun. March 9th 8:00am-12:00pm
\$49.00 per household

Secrets of Homebuying
On-Demand, Self-Paced
Enroll & Complete Anytime



Secrets of Homebuying
On-Demand

Work at your own pace, anytime,
anywhere
\$79.00 per household.

Budgeting 101
On-Demand, Self-Paced
Enroll & Complete Anytime



Budgeting 101 On-Demand
Work at your own pace, anytime,
anywhere
FREE

Financial Recovery
On-Demand, Self-Paced
Enroll & Complete Anytime



Financial Recovery On-Demand
Work at your own pace, anytime,
anywhere
FREE

Cracking Credit's Code
On-Demand, Self-Paced
Enroll & Complete Anytime



Cracking Credit's Code
On-Demand
Work at your own pace, anytime,
anywhere
FREE

[Click here to register for a workshop](#)

[Apartment Application](#)

[Homeownership Information](#)

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Littleton, NH 03561
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